## Food for Thought:

How About Some Help With Your Nutrition?



Wellstar Health Place is excited to announce that Kelly Prian, Wellstar Registered Dietitian, is here for you!

Kelly is taking nutrition appointments at Wellstar Health Place An expert in nutrition, she can provide individualized dietary auidance tailored to specific health goals like managing weight, controlling diabetes, lowering blood pressure/cholesterol. controlling digestive disorders and planning meals

## Wellstar Health Place

## Nutrition counseling on a variety of needs including:

- Weight Management
- Diabetes
- Heart Disease
- Digestive Issues
- · High Blood Pressure
- High Cholesterol
- · Meal Planning
- Specific diets, like gluten-free, vegan, vegetarian, etc.



Children, teens and families welcome.

60-minute initial session: \$60 30-minute follow-up session: \$30

Kelly Prian, MS, RDN, LD (770) 793-6399 nutrition@wellstar.org

Epic referral code: REF334 or Quick search: 365 All other physicians: Fax referral to (770) 999-2784

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